## LIFEGUARD



**CERTIFICATION COURSE** 

American Red Cross

Pre-course Swim 5.17.19 3pm - 8pm

Sat. **5.18.19** | **9am - 5pm** &

Sun. 5.19.19 | 9am - 5pm

Learn about safety and rescue techniques, and deliver critical care such as CPR, First Aid, and AED administration when most needed. Develop lifesaving skills that you'll use for a lifetime.

\$90 | Students & SWRC Members \$120 | Faculty \$160 | Community Members

For more info go to recwell.csusb.edu or call us at 909.537.2348

if you are in need of a reasonable accommodation please call 909 537 2348

CSUSB RECREATION & WELLNESS

RECWELL.CSUSB.EDU 909.537.3863