A Department of Undergraduate Studies

CSUSB Advising

NEWSLETTER



OUTSTANDING FACULTY ADVISOR



DR. KEVIN GRISHAM

The energy of the mind is the essence of life.

ARISTOTLE

FALL IMPORTANT DATES

NOVEMBER

11-17: Last day to submit Petition to Drop after Census for Fall 2016

11-23 –12-11: Winter 2017 Open Enrollment (Fees due Dec. 21, 2016)

11-24 -11-27: Thanksgiving Holiday; campus closed

DECEMBER

12-05: Last day of Fall regular classes

12-03: Last day of Fall Saturday classes

12-06 –1-13-17: Winter 2017 Late Registration (\$25 late fee)

12-19: Fall grades available via MyCoyote

12-21: Winter 2017 fees due

12-23 –01-02-17: Christmas and Winter Break; campus closed

JANUARY

1-03: Grad check deadline for Summer 2017

1-06: Last day to withdraw from all classes and receive 100% refund

1-09: Classes begin (Saturday classes begin Jan. 7)



MESSAGE FROM THE DIRECTOR

Hello Coyotes!

Thank you for reading our fall edition of the eAdvising Newsletter! We hope through this newsletter you gain success tips. These tips can assist you with your journey at CSUSB and being a successful student.

To our first-year and transfer students admitted for the fall 2016, welcome to CSUSB. We wish you success in your first quarter and continued success during your stay. Make sure you take advantage of resources and support services to guide you to a successful completion of your degree.

To all the returning students, welcome back. I hope the quarter is going well for you. Please remember to meet with an academic advisor to make sure you are track to graduate in a timely manner. Study hard and don't forget to get involved on campus!

Go Yotes!

Eduardo A. Mendoza

Director, Advising and Academic Services

Spring 2017 Graduates celebrate with Pre-Grad Party



As Fall 2016 wraps up, the calendar moves one step closer to the end of the 2016 -17 academic year. Hopeful seniors eagerly await graduation in either fall, winter or spring quarters. CSUSB celebrated the class of 2017 on Nov. 1st with a pre-graduation party in the Santos Manuel Student Union. Advising and Academic Services, Undergraduate Studies in partnership with the CSUSB community hosted the celebration. Students were able to receive academic advising, get information on graduate school, check their PAWS reports and file graduate checks. Students also enjoyed great music, and Cody the Coyote joined the festivities! Good luck to all the seniors graduating in the 2016-17 school year!

Academic Resources

Academic Advising

Counseling and Psychological Services

<u>EOP</u>

Honors Program

Pfau Library

Ombuds Services

SAIL Program

Services to Students with Disabilities (SSD)

Student Conduct and Ethical
Development

Student Health Center

Student Mentor Program

Testing and Tutoring

Title IX & Gender Equity

Undergraduate Studies

Veterans Success Center

Writing Center

UH 380 (909) 537-5034

VISIT OUR WEBSITE!

2015-2016

OUTSTANDING FACULTY ADVISOR

DR. KEVIN GRISHAM

Dr. Grisham has served as an assistant professor in the Geography and Environmental Studies department since 2013. He advises the Model United Nations program, is responsible for the development of a global studies track and handles the advising responsibilities for all students who declare a major or minor in that area.

Please take a minute to get to know Dr. Grisham by viewing the following video:

(Click on the photo for video to play)



Follow Advising and Academic Services at <u>csusb.edu/advising</u>

500 Anniversary Events

100 May 10 Decisions
100 May 15 Decisions
100 Ma



Where do I go for advising

Who is my advisor?



Watch us on YouTube

Advising Tips Let's Talk

Coyote Advising Week

Dianna J. Pelletier Resiliency Scholarship Winners
And many more...

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DID YOU KNOW?

Students agree that institutional diversity encourages students to have a public voice and share their ideas openly.

For more information visit: https://www.csusb.edu/
institutional-research/
did-you-know

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STAR'S CORNER ★★

ACADEMIC ADVISOR

HOW MEANINGFUL IS SOCIAL MEDIA? WHAT ARE YOU GETTING OUT OF IT?

Hi Yoties, have you ever thought about who you follow or who follows you on social media? Why do they follow or why do you follow? Are you following because they take amazing #selfies or because you would like to keep up with whatever it is they are doing? More specifically, do you follow any CSUSB social media outlets and keep up with the resources,

programs and information that will benefit you here at CSUSB? I encourage you to take the time to review some of the posts on the CSUSB social media outlets you follow. You might find some resources that will help you in your academic career. If you are not following any CSUSB accounts, follow some that are of interest to you (for example, @CSUSB and @CSUSBAdvising on Instagram).

Happy following my fellow Yoties!



Don't forget to register for Winter 2017 classes

WINTER QUARTER BEGINS

JAN. 9, 2017

FINALS ENCOURAGEMENT WEEK





Spring 2016 Finals
Encouragement Week
was a fantastic
experience! Click
to see what we
did last quarter!

2016 NACADA OUTSTANDING ADVISING AWARD WINNER MATT MARKIN!



One of our very own has been awarded the top national honor for academic advising in higher education! Congratulations to Matthew Markin on being awarded the National Academic Advising Association (NACADA) 2016

Outstanding Advising Award! Matt has worked for the Office of Advising and Academic Services for a little over three years and has had a huge impact in the academic success of our students! Congrats Matt!



ARE YOU UNDECIDED ON YOUR MAJOR?

Follow our Student Success Peer Advisors on Instagram at **CSUSB_SSPA!** First-year undeclared students, come see us in UH-368 or call (909) 537-5956!

DIANNA J. PELLETIER RESILIENCY SCHOLARSHIP

RECIPIENT

The Dianna J. Pelletier Resiliency
Scholarship Fund is awarded to students
every quarter by the Office of Advising and
Academic Services. The scholarship gives
students a financial incentive to encourage
students on academic probation or who were
dismissed from the university to stay in
school.



Angelica Agudo was our **Spring 2016** winner.

Major: Psychology Spring Quarter GPA: 3.33

"I admit that upon receiving the correspondence regarding this scholarship opportunity I felt an instant sense of pride and accomplishment."

CONGRATULATIONS TO OUR DIRECTOR!

Ed has worked at CSUSB since April of 2004. He started his career in the Office of Admissions and Student Recruitment where he remained for approximately two years until he found his calling as an academic advisor in the Office of Advising and Academic Services. Ed worked his way up through the ranks, holding several key positions in AAS, most recently as the acting associate director. He is a CSUSB alumni with both a BA and MPA. Ed is known for his collegiality and collaborative spirit as well as his strong leadership skills. He is 100% student focused, yet understands the larger systemic issues associated with providing holistic, comprehensive, student support services.

Eduardo accepted the position of director of Advising and Academic Services in April. Congratulations!!

"Effective leadership is putting first things first. Effective management is discipline, carrying it out." Stephen Covey





Ask Matt Markin

Award-winning Academic Advisor

After a break, how do I get back into study mode?

So, you took the time off from school. Maybe you went on vacation, spent time with family and friends, worked, completed an internship, or caught yourself up on many hours of Netflix. Now you are back in classes and find it difficult to adjust to study mode. What can you do? Here are some tips to get refocused and enhance your study practice:

- 1. Get back into a routine You will need to hit the ground running. Remember the syllabi your instructors gave you the first day? Document the due dates of all assignments, quizzes and tests. Then input time for study, leisure, other responsibilities, sleep, work, commuting, etc. Find a schedule that is easily manageable and allows you to focus on your education. Try your calendar app on your phone, the ASI planner you picked up the first week of school, or a printable template.
- 2. Find accountability buddies As a student you have met students in your courses or have friends attending CSUSB. These students can be your study partners. You all could hold each other accountable to do well. Even if you have different courses, being around others who are reviewing their notes, creating flashcards, reading their textbook, or writing their papers helps to keep you and others focused. Set up a weekly group meeting to study together.
- 3. Be familiar with campus resources Are you in a course that you're finding challenging? If you do not understand part of the material, seek help from your instructor immediately. Utilize resources that can help with your course, such as supplemental instruction, on-campus tutoring centers or writing labs. Knowing what resources can help you with your courses means you're not alone and the help is there.
- 4. Find a study environment that fits your needs How do you study best? In a quiet or noisy environment? Inside or outside? Check out the Santos Manuel Student Union lobby or one of the SMSU centers. The Pfau Library can also fit many students' needs. For a little noise and open space, check out the first floor. Want a more secluded, quiet space? Use the third, fourth and fifth floors of the library. Find a place where you can study and STUDY.

After a long break, you may need to retrain yourself in your study routine. Take it one day at a time and eventually, you will be back in your study groove. Of course, with any study practice, take breaks in-between your studying so you don't fatigue. Best on your studying, Yotes!

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ADVISING AND ACADEMIC SERVICES NEWSLETTER



CONTACT US!

ADVISING AND ACADEMIC SERVICES

UH-380

(909) 537-5034 or

(909) 537-5035











Advising and Academic Services

FALL HOURS

Monday through Friday 8 a.m. — 5 p.m.

This information is provided to CSUSB undergraduate students by Advising and Academic Services, Undergraduate Studies, on a quarterly basis