

Fall 2010

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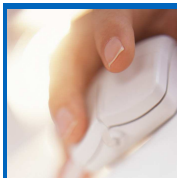
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EOP

EDUCATIONAL OPPORTUNITY PROGRAM
CALIFORNIA STATE UNIVERSITY, SAN BERNARDINO

Fall 2010

A Message from the Director

VERONICA AMERSON



PHOTO BY CRAIG SCHOTT

Greetings! It gives me great pride to serve as the director of the EOP program. Many of you are the first in your families to go on to college; like you I was the first in my family to attend a university. So, I know the power and purpose of programs like EOP. It is important that you take advantage of all the services we have to offer.

It's hard to believe that we are already at the end of the fall quarter. One down, two to go! As you can see, the quarter system goes by really fast and before you know it you will be preparing for final exams. Now that you know how quick time passes, it's time to start preparing for the winter quarter. Please take the time to read through our EOP Newsletter. We've filled the pages with exciting news from our department and with helpful tools to assist you in becoming a successful college student. EOP is committed to your success. Best wishes on your upcoming finals and have a safe holiday break!

Sincerely,

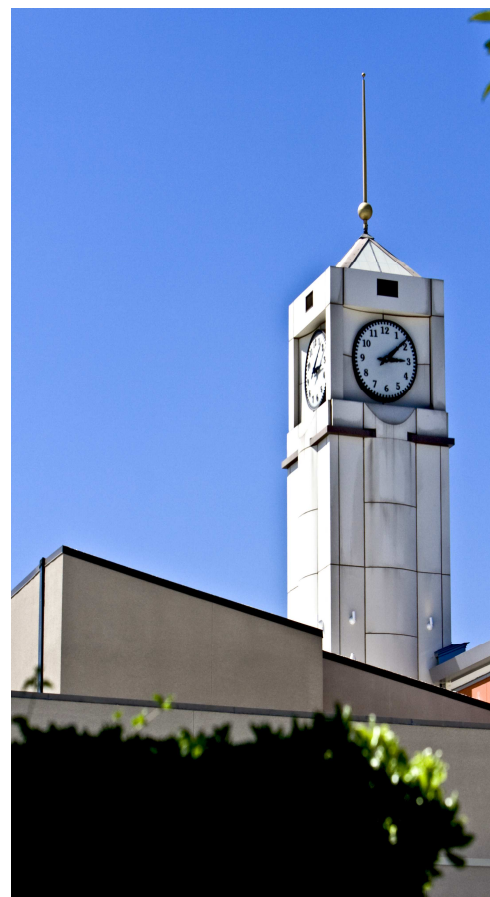
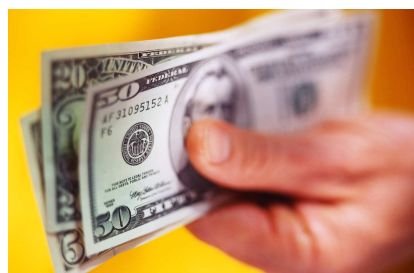


PHOTO BY CRAIG SCHOTT



Did you know?

CSUSB offers 200 plus on- and off-campus scholarships totaling over \$2 million annually! The CSUSB Financial Aid Office is currently accepting scholarship applications for the 2011-2012 academic year. Plus, you only have to apply once to be considered for all scholarships you are eligible for! The deadline to apply is Feb. 4, 2011, so complete your [application](#) now!

Staff Spotlight: Anita Barragán

EOP COUNSELOR

PHOTO BY CRAIG SCHOTT



"We are thrilled to have Anita on board with us! Anita is truly dedicated to meeting her students' needs and is a great asset to our EOP team."

VERONICA AMERSON

Why did you become a counselor for EOP?

As a former EOP student I wanted to give back to the organization that played an instrumental role in my own success as a student and as a professional. I've been blessed to come

back and help other students succeed just as my counselors helped me succeed.

What did you do before EOP?

Before joining the EOP team, I worked for a short time with San Bernardino County, and before that I worked as a middle school counselor.

What are some of your hobbies and interests?

I love to go to Disneyland and Disney's California Adventure. I can never get enough of the Hollywood Tower of Terror and the Haunted Mansion. When I'm not at Disney I like to read and hang out with my friends.

If you could pick anywhere, where would you pick as your next travel destination?

I'd love to go to Central America, especially El Salvador, Costa Rica and Guatemala. These are countries filled

with a rich history and culture, beautiful beaches and lots of sun! I'd love to experience it firsthand.

What would you like our students to know about you?

I'm a down to earth person who is willing to help others be successful in life.

If you had one piece of advice for our students, what would it be?

Don't ever let fear paralyze you from pursuing your dreams. Convert that fear into courage to fulfill your dream. Never give up, study hard, ask for help, and never stop learning.

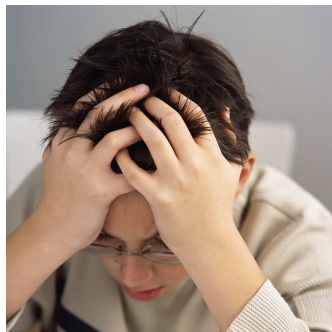
What is your favorite quote?

"We can do no great things, only small things with great love."

– Mother Teresa

"I would rather die on my feet than live a lifetime on my knees."

– Emiliano Zapata



School got you stressed out?

THERE ARE VALUABLE RESOURCES AT YOUR FINGERTIPS

The university has many support services available to help you be successful in your studies, figure out your major, or help you decide what career you want to pursue. Check out the great links below!

Need tutoring, but do not know the Learning Center's [current tutoring schedule](#)?

Consider enrolling in a SAIL Adjunct Course, a supplemental instruction course designed to help you succeed in your General Education courses. Check out the [current schedule](#)!

Feel like your study techniques just don't seem to be working? Try out these [study tips](#).

Having trouble figuring out the right major, or what career is best for you? Let [DISCOVER](#) guide the way!

Use on-campus computer labs? Did you know there are [seven labs](#) located around campus?

Need to learn how to better manage your stress? Attend a [Stress Management workshop](#) with the Psychological Counseling Center.



Money Management: Avoid the pitfalls!

Every quarter, many of you come to see us because you have expenses that you can't

cover and you don't know what to do. Yet, when we review your financial aid package, you received substantial refund money that is now gone. For many of you, when you enter college and receive offers of grants and loans, you have thousands of dollars at your disposal for the first time in your life. Thoughts start racing through your head about the millions of things you could do with this money.

However, it is important that you spend your money wisely. Here are some tips to help you survive CSUSB without going into debt:

1. **Accept loans as a last resort!** Seek out grants, scholarships, and work study first, as you don't need to pay these back and do not build debt.
2. **Save your refunds** for a rainy day! Don't go on a shopping spree; be smart and stash away your refunds for those school emergencies that WILL come up.
3. **Avoid credit card solicitations!** The average credit card debt of college students is staggering;

avoid getting a credit card even though it can be easily tempting.

4. **Be textbook smart!** Get your textbook list early so that you have time to shop around for the best prices!
5. **Budget.** When money is tight, you have to learn to budget. You must plan for meals, school-related expenses, transportation, entertainment and emergencies. Also, avoid eating out for the convenience factor and you will be amazed at how much you save.
6. **Complete your FASFA in January!** Don't get blinded by the March 2 *priority* deadline! By March 2, many scholarships, grants, and work study awards are already gone!
7. **Ask for help!** Your counselors have a lot of experience in this area, so don't be afraid to ask.

For more tips, click [here!](#)



Graduates often look back at their time with CSUSB and EOP with fond memories and a great appreciation for the quality education they received. In an effort to continuously support EOP and its efforts, a group of EOP alumni joined forces in 2004 to form the EOP Alumni Chapter.

The mission of the EOP Alumni Chapter is to enhance the success of current and future students, by supporting program development and advocating for legislative issues pertaining to EOP. Additionally, the EOP Alumni Chapter continuously strives to establish a network that EOP students and alumni can turn to for personal, educational, and professional support.

The EOP Alumni Chapter works tirelessly to raise money for EOP students in the form of book awards and scholarships for graduating

students entering graduate school at CSUSB. Just this quarter, the EOP Alumni Chapter has facilitated two events to support their fundraising efforts.

On Aug. 20, 2010, the Inland Empire 66ers hosted the EOP Alumni Chapter, as well as family and friends of EOP, for a fun game of baseball.

On Oct. 27, 2010, the Alumni Chapter collaborated with Quiznos, located on University Parkway. Students, staff and family were invited to enjoy lunch or dinner at Quiznos and a portion of the proceeds were donated to the Alumni Chapter to support EOP students.

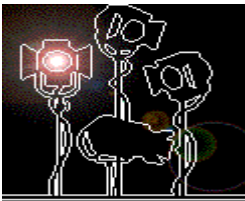
Please look out for future fundraising notices in your email and partner with us to support current EOP students!

For more information regarding the EOPAC, contact Anita Barragán, EOPAC Advisor, at 909.537.5042.



Carmen Rodriguez, EOPAC Chair

EOP Alumni Chapter



EOP Student Spotlight: Justine Plemons

President, Associated Students, Inc. (ASI)

When Justine began attending CSUSB in September 2006, she had absolutely no interest in being involved in student organizations or the campus community; she simply wanted to earn her degree. However, she soon realized that since she was going to be here for awhile, she wanted something more. Since 2006, Justine has been involved in the campus community in a variety of ways. She has participated in student employment on campus, was the chair of the Recreational Sports committee for two years, is a sister of Alpha Delta Pi, and is a part of the Lambda Pi Eta (an honor society for Communication Studies). Additionally, Justine became a committee member for Associated Students, Inc. (ASI) during her sophomore year, shortly thereafter became a board member, and is now serving as the ASI president.

Justine began her term as president of ASI on July 1, 2010. This was a huge accomplishment, as ASI has not had a female president for the past 11 years and she won the election as a write in candidate, which is a very rare feat. Justine describes her experience as president as "very busy, but very good." She stated that her executive team has worked extremely hard to affect change on campus, and is very proud to have created a better rapport between ASI and the campus community at large. Overall, she feels that her positions have truly helped prepare her for life after graduation. Justine stated that her involvement on campus "has made campus a place I *want* to come to, not I *have* to come to."

When asked about advice she would like to share with fellow students, "Get involved because you will be here for 4-6 years and you might as well get comfortable. If you see something you don't like, take the initiative to change it, because talking about it alone is not going to do anything." However, Justine did caution that students should not get involved too soon. She recommends that students be sure that they know how to balance work, grades, and extracurricular activities, because without this balance, the extra stuff can quickly drown students.

Justine's major is communication with emphases in mass communication and human communication. She has a 3.6 GPA, is graduating in spring 2011, and is currently applying to graduate schools. Justine's goal is to become an educational counselor for an Educational Opportunity Program and she also has aspirations to eventually become the director of EOP. Justine is very proud of her accomplishments at CSUSB. "I'm living proof that you can do it all! You can get good grades, have a great social life, and be a good leader on campus too!"



PHOTO BY CRAIG SCHOTT

EOP Student Association

Join the EOP Student Association (EOPSA) today!

- Peer Support
- Community Service
- Campus Involvement
- Networking Opportunities

For more information, contact Mario Garcia, EOPSA Advisor, at 909.537.5042 or mbgarcia@csusb.edu

EOP Scholars

Spring 2010

Nina Acosta
Angelina Aguilar
Teresa Aguilar
Cecelia Ali
Fatima Alrahem
Leticia Anderson
Brenda Arnold
Azucena Avalos
Maria Avelar
Sharon Awad
Angela Ayala
Kayla Ayers
Kaneez Batool
Ashley Berg
Laura Bernal
Blair Blokzyl
Bernabe Bolanos
Stephanie Brown
Lisa Cash
Yecenia Cervantes
Lashana Claude
Theresa Davis
Maria Del Socorro Sanchez Grana
Ngozichukwuka Eboka
Nkechiyere Eboka
Illeana Escobedo
Adriana Farias
Myra Figueroa
Melissa Gamez
Cesar Garcia
Natasha Garcia
Crystal Gastelum
Alvaro Gomez
Jessica Gomez
Yesenia Gomez Castillo
Merry Gonzalez
Pamela Grant
Alana Grove
Amelia Guerrero
Ivet Gutierrez
Omar Guzman
Michael Hancock

Bernadette Hernandez
Mari Herrera
Van Ho
Sharon Hodges
Tina Hollman
Hav Hung
Ryan Ignasiak
David Jaso
Ely Jauregui
Michelle Jones
Yung Ku
Adolfo Lara Herrera
Sandy Le
Lindsey Lee
Alisha Leon
Adriana Lopez
Evelyn Lopez
Yuliana Luevano
Reanna Marchman
Jonathan Marquez
Felipe Marquez Ramirez
Rosalba Martinez
Lavonne Marzett
Michelle Mau
Cristobal Mejia
Crystal Morales
Russell Morgan
Rebecca Mundo
Cinaih Munguia
Rachel Munoz
Parvaneh Najumi
Rocio Navarro
Eri Nolasco
Esmeralda Nolasco
Emmanuel Okharedia
Amanda Olea
Susana Ontiveros
Angelina Ortega
Rosario Palafox
Maria Paredes Rivera
Sarai Peralta
Jasmine Perez

Toni Perkins
Jennifer Peters
Idalia Pineda Vivar
Janet Ponce
Ariana Prado
Tessy Pumacchua Valencia
Lucio Ramirez Pena
Claudia Renteria
Daisy Renteria
Beatriz Reyes
Vanessa Riehm
Mauricio Rios Rodriguez
Mike Rivera Oritz
Bertha Rodriguez
Vanessa Rojas
Michelle Roque
Delilah Ruiz
Jessica Ruiz
Natasha Saenz
Patricia Salazar
Norma Salcedo
Brenda Sanchez
Celina Sanchez
Jennifer Sanchez
Briana Segovia
Lukman Singleton
Sherece Sitek
Natasha Smith
Lakesha Spivey
Partenamaria Stefanidis
Jeremy Sullivan
Dean Thap
Rae' Meisha Thompson
Jessica Torres
Maria Torres
Jordan Townson
Ruby Valdez
Ana Valencia Perez
Anthony Wilkins
Diana Zamudio
Aileen Zurita

EOP Scholars are EOP students that completed a minimum of 12 units and earned a 3.5 GPA or higher in the previous term

Keep up the great work!

EOP

CONGRATULATIONS EOP GRADS!



EOP would like to congratulate our EOP students scheduled to graduate during the Fall 2010 term! You have worked very hard to get to this day and we wish you nothing but success!

Nikia Alexander
Monica Alvarado
Francisca Alvarez
Benito Alvarez
Eliza Antunez
Melinda Arellano
Roniesha Biggs
Yvette Bojorquez
My Bui
Omar Carlos
Chanel Castro
Juan Castro Villalobos
Jose Corrales
Ngozichukwuka Eboka
Jasmine Frazier
Earline Glover
Efrain Guerrero-Jimenez

Luis Gutierrez
Peggy Harris
Sabrina Hartshorn
Ely Jauregui
Mary Kornele
Rosalba Martinez
Ashley Medina
Chin Mgbafilike
Raymond Mitchell
Viridiana Morales
Howard Nakagawa
Esmeralda Nolasco
Marciano Ortega
Scout Parker
Sandi Parra
Wendy Perez
Breonna Perkins

Melinda Pitts
Brandon Powell
Ariana Prado
Osiel Ramirez Lopez
Angel Robles
San Juana Rojas
Janecia Rolland
Keirra Rolland
Jessica Rosales
Monica Salazar
Brenda Sanchez
Azizat Sanni
Takeshia Simmons
Ashley Strange
Jacqueline Suarez
Little Valle

IMPORTANT DATES

Thanksgiving Holiday observed—campus closed	Nov. 25-28, 2010
Last day of fall classes	Dec. 4, 2010
Fall 2011 final exams	Dec. 7-11, 2010
Commencement	Dec. 11, 2010
Winter break	Dec. 13-Jan. 7, 2011
Fall 2010 grades available	Dec. 20, 2010
Winter 2011—last day for full refund of fees	Jan. 7, 2011
First day of winter classes	Jan. 10, 2011
Last day to add classes via MyCoyote	Jan. 14, 2011
Martin Luther King observed—campus closed	Jan. 15-17, 2011
Census—last day to drop via MyCoyote	Jan. 31, 2011
EOP Mid-Quarter meeting (1st year students only)	Jan. 31, 2011
EOP Mid-Quarter meeting (1st year students only)	Feb. 1, 2011
EOP Spring 2011 priority advising	Feb. 2-11, 2010
Last day of winter classes	March 21, 2010
Winter 2011 final exams	March 22-26, 2011
Spring break	March 28-April 1, 2011

FINANCIAL AID: Get the most



The FASFA becomes available on **Jan. 1, 2011**. Although the priority deadline is March 2, 2011, to be eligible for CSUSB need-based scholarships, you must complete your FASFA by **Jan. 21, 2011**.

