A Department of Undergraduate Studies CSUSB eAdvising Newsletter



Happy 2016 Coyotes!



Check out our updated website:



advising.csusb.edu



Winter 2016 Important Dates

FEBRUARY 2016

02-01: Winter CENSUS; Last day to add with permission or drop classes without record of enrollment (no W grade)
02-01: Grad check deadline for fall 2016.
02-08: Spring 2016 advising begins
02-15 - 03-07: Spring priority registration takes place

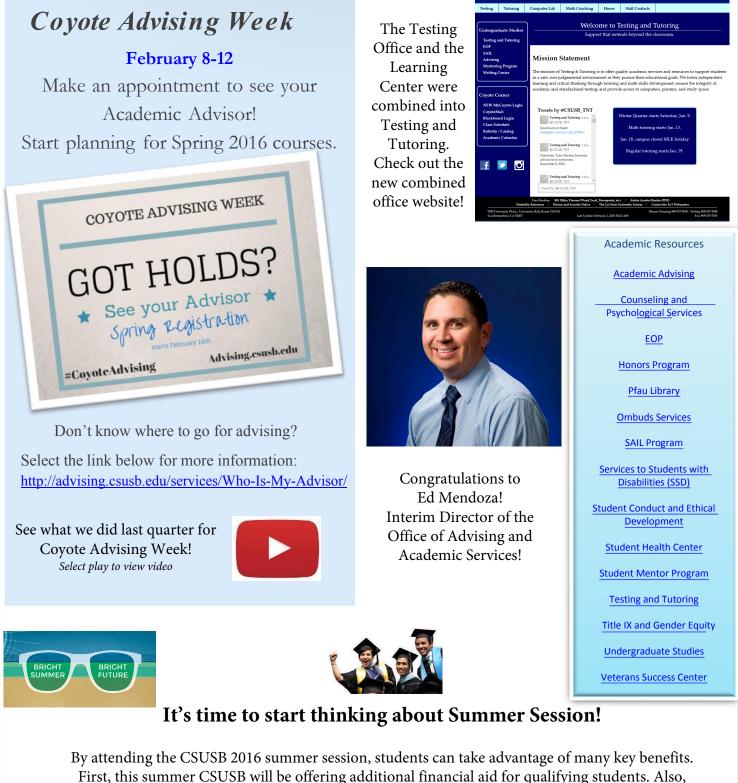
MARCH 2016

03-07: Last day to submit Petition to Drop after Census for the winter 2016 term 03-08 - 03-18: Spring open enrollment (Fees due within 24 hours from registering for classes)
03-19: Last day of winter Saturday classes
03-21 - 04-01: Spring late registration (\$25 late fee applies)
03-21: Last day of winter regular classes
03-22 - 03-26: Winter Finals Week
03-28 - 04-01: Spring Break
03-31: Cesar E. Chavez Holiday; campus closed

"A life is like a garden. Perfect moments can be had, but not preserved, except in memory." ~ Leonard Nimoy

ADVISING AND ACADEMIC SERVICES

WINTER 2016



First, this summer CSUSB will be offering additional financial aid for qualifying students. Also, students will have access to more high-demand classes. In addition, when taking 4 units, tuition will be less than during the academic year, saving students money. Lastly, by attending summer session, students will reach their graduation goals sooner.

For more information, visit the website www.summer.csusb.edu, e-mail summer@csusb.edu or call (909) 537-3978. Take summer session and get ahead F.A.S.T.!

F.A.S.T. = Financial Aid, Savings on tution, Access to High-Demand Courses and Timely Graduation

Dianna J. Pelletier Resiliency Scholarship Fund



Michelle Badillo and Ed Mendoza

"I will continue working hard towards my degree regardless of any obsturctions or personal plights for I am resilient." -M. Badillo The Dianna J. Pelletier Resiliency Scholarship Fund is awarded to two students every quarter by the Office of Advising and Academic Services. The scholarship gives students a financial incentive to encourage those on academic probation or who were dismissed from the university to stay in school. Congratulations to Michelle Badillo and Cathrine Ledbetter, recipients of the Fall 2015 Dianna J. Pelletier Resiliency Scholarship.



Cathrine Ledbetter and Ed Mendoza

"My resilience and motivation have given me a new perspective in life and I hope to apply the attitude to all things. I look forward to graduating this coming spring 2016 and possibly continue in my education." -C. Ledbetter

Watch their Video testimonial Press Play!



Academic Resources

Academic Advising

Counseling and

Psychological Services

<u>EOP</u>

Honors Program

Pfau Library

Ombuds Services

SAIL Program

Services to Students with Disabilities (SSD)

Student Conduct and Ethical Development

Student Health Center

Student Mentor Program

Testing and Tutoring

Title IX and Gender Equity

Undergraduate Studies

Veterans Success Center



Michelle Badillo Major: Liberal Studies



Cathrine Ledbetter Major: Psychology



Fall 2015 Finals Week Encouragement



See what we did this past quarter to help you get through your finals





Press play

Check out your updated PAWS report!

New Features!

*Automatic system refreshes every three seconds!

- *Link to catalog course descriptions!
- *Option of HTML or PDF version!
- *Easier to read and manage!



Select photo to the left to view more information about your Updated PAWS report and new login

New Login to view your PAWS Report Quick Reference Steps



- 1. From the MyCoyote Portal, select the REPORT (PAWS Report icon) under the QuickLaunch Navigation.
- 2. To Request a PAWS report for your current major(s).

Step 1: Select the Run PAWS button.

Step 2: Select the View Audit link to view your most recent PAWS report.

3. To Request a "What If" PAWS report.

Step 1: Select the Run Selected Major button.

Step 2: Select the specific Degree you wish to run a PAWS report from the drop down menu.

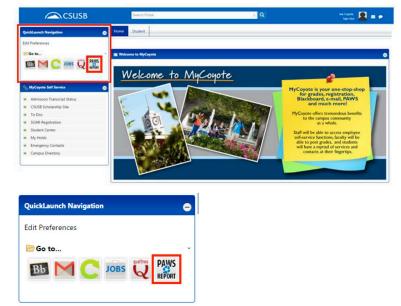
Step 3: Select the Catalog Year.

Step 4: Select the Run PAWS button.

4. PAWS reports can also be ran through the Student Center page on MyCoyote.

New Login to view your PAWS Report

1. From the MyCoyote Portal, select the **PAWS Report** icon under the QuickLaunch Navigation.



For help reading your PAWS report, email pawshelp@csusb.edu. For help logging into MyCoyote, email support@csusb.edu.

WINTER 2016



Ask Matt Markin Academic Advisor

How many units should I take?

As a student, should you take 12 units each quarter or 15 units? Should you attend part time or full time? These are some of the questions we are asked as advisors. To sum it up, there is no right answer and the answer is different for each student. Here are some tips with helping you decide:

1. Course load- What courses are you taking for the quarter? Are they all general education or major courses? Are they a mixture? Do your courses have labs or activities? Are they small or large lecture courses? Is there a balance with the workload of these courses? The answers to these questions can help you with your preparation for the quarter and also help you decide if you are taking on too much. Check with your advisor for assistance in planning your course schedule and give guidance in answering some of these questions.

2. Work/Other responsibilities- Do you work? Do you have family or personal commitments? In a perfect world, you would simply not work so you could focus 100 percent on your education. Working full time can limit the time and energy you have for your courses. If during the quarter you have difficulty keeping up with your coursework, try lowering your work hours or change your work schedule to allow more time to studying.

3. Time management/Commitment- Along the lines from above, students who work and attend school must have excellent time management skills. You need to be able to balance your life. Check out these <u>time management tips</u>.

4. Full time vs. Part time- Some students find that taking one or two courses each quarter works best for them with everything else they have going on in their lives. Taking fewer courses each quarter does increase the time it will take to graduate. Also consider that if you are receiving financial aid, full time status is at least 12 units. If you receive financial aid and are considering dropping below full time, please check with the Financial Aid and Scholarships Office to determine if your aid will be impacted.

5. Four Year Graduation Pledge- If you are part of the Four Year Graduation Pledge, you are required to earn a minimum of 45 units each academic year, which is 15 units each quarter except summer. Even if you are not part of this program, but you want to graduate in four years, you will need to average 15 units each quarter to graduate.



Welcome to Advising Tips with Star and Matt, the video show where we help you, the undergraduate students at CSUSB, navigate the ins and outs of advising, registration and campus policies!

New videos every Thursday!



Did you know?

Did you know that students who study more earn higher GPAs? In a 2012 and 2015 spring campus quality survey, Institutional Research found freshmen and sophomore students who studied 15-19 hours a day earned an average 3.10 gpa.

So, how many hours do you invest in studying?

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Topic: Managing time - How to schedule time for school, work, personal life and social media.

Well Yotes it's the year 2016 and it's about that time! Some of you may be starting a new year's resolution, and some of you may be just trying to stay afloat with all that is going on in life. I get it, I get it. I mean, I

just took some time off to have my baby (beautiful baby girl, named Wendy). I'm back and ready to see you all and get back in the game. I'm not going to lie, it's been tough balancing life, family, work, and a new baby. Being a mother of three, working fulltime, and trying to stay on top of everything that is going on in life is truly challenging but if you manage your time, take it a task at a time, and set goals, you can accomplish a lot. Here are some things I do:

- * Make a list of things you need to do
- * Prioritize the list and start with things that are most important (Yes, I totally understand-everything is important!)
- * Take baby steps, don't try to get everything done at once. Finish something and move on to the next item on your list.
- * At the end of the day, de-stress and take a moment to reflect on what you have accomplished and set goals for the next day.
- *Social Media-What? Yes, that's on my list too, but only when you have completed some items on your to do list. Think of it as a reward. Take a selfie if you want! #YouGotThis #KeepUpWithAdvising

Baby Wendy says: Hello Yotes!



Ray and Eloise

Raymond Navarro, Jr. and M. Eloise Warnell, who have retired, will be missed by CSUSB, colleagues and students alike. Both worked for the office of Advising and Academic Services for more than 20 years. Eloise always showed compassion for our students and related to them as she also was a CSUSB student (graduating with a degree in English). She coordinated our basic skills requirements, helping students navigate through the remediation process. Ray was our director, not only advising students, but also mentoring us advisors along the way. He was innovative and a trailblazer at a time when academic advising was not seen at many universities. The contributions that both Ray and Eloise made to CSUSB were at times seen, but their main contribution was making a difference in the lives of our students. There are so many people in our communities that attained their degree through the help of both them. It is with mixed emotions that we say thank you and goodbye to two people that made CSUSB a better place. We wish them well in retirement as they both will move on to the next phase in their lives, surely continuing to make a difference in others' lives. A BIG THANK YOU TO BOTH!

Eduardo A. Mendoza Interim Director Office Advising and Academic Services



Congratulations, Ray and Eloise!



ADVISING AND ACADEMIC SERVICES



A Department of Undergraduate Studies

Advising and Academic Services Newsletter

Contact Us!

Advising and Academic Services UH-380 (909) 537-5034 or (909) 537-5035 askcsusb@csusb.edu Winter Hours: Monday-Friday, 8 a.m.-5 p.m.

Stay updated by following and subscribing to our social media:



Advising.csusb.edu

This information is provided to CSUSB undergraduate students by Advising and Academic Services, Undergraduate Studies, on a quarterly basis.



Advising and Academic Services